## Adjectives - ing or ed Theory

Verb + ing or ed (suffix) = Adjective

Bored = boring or bored

**ED** = When describing a feeling or emotion (temporary)

**ING** = When describing the characteristics of a person, a thing, or a situation

He is bor = he feels bored

He is bor\_\_\_\_ = he is not an interesting person

Some common Adjectives include:

Alarmed - Alarming

Aggravated - Aggravating

Amused - Amusing

Annoyed - Annoying

Astonished - Astonishing

Astounded - Astounding

Bored - Boring

Captivated - Captivating

Challenged - Challenging

Charmed - Charming

Comforted - Comforting

Confused - Confusing

Convinced - Convincing

Depressed - Depressing

Disappointed - Disappointing

Discouraged - Discouraging

Disgusted - Disgusting

Distressed - Distressing

Disturbed - Disturbing

Embarrassed - Embarrassing

Encouraged - Encouraging

Entertained - Entertaining

**Excited - Exciting** 

Exhausted - Exhausting

Fascinated - Fascinating

Frightened - Frightening

Frustrated - Frustrating

Fulfilled - Fulfilling

Gratified - Gratifying

Inspired - Inspiring

Insulted - Insulting

Interested - Interesting

Moved - Moving

Overwhelmed - Overwhelming

Perplexed - Perplexing

Pleased - Pleasing

Relaxed - Relaxing

Relieved - Relieving

Satisfied - Satisfying

Shocked - Shocking

Sickened - Sickening

Soothed - Soothing

Surprised - Surprising

Tempted - Tempting

Terrified - Terrifying

remined remining

Threatened - Threatening

Thrilled - Thrilling

Tired - Tiring

Touched - Touching

Troubled - Troubling

Unsettled - Unsettling

Worried - Worrying