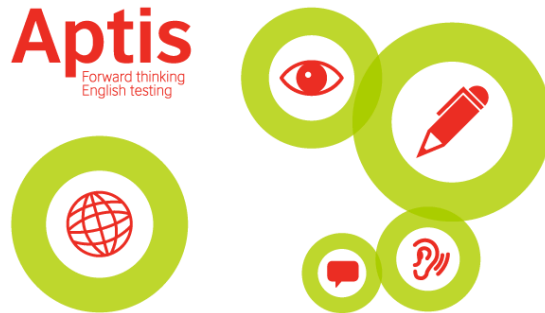


# **Aptis General Preparation Course Curriculum \_\_\_\_\_ of 20\_\_**



**Presented by: Mike E.**

# Introduction

## Purpose and length of this course?

To cover all facets of the British Council Aptis exam over a four week period.

## What is the Aptis exam?

A multilevel English language test created by the British Council.

## What exactly does this course cover?

In this course, we will go over:

- Aptis structure and general purpose (first day only)
- Aptis Core Vocabulary and Grammar
- Aptis READING
- Aptis LISTENING
- Aptis SPEAKING
- Aptis WRITING

## How the course is structured:

This course is structured on a four-day lesson design and a fifth-day mock exam to practice and become accustomed to the way the test is implemented. Throughout the week each day, Grammar and Vocabulary will be added to the course, except on Fridays.

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
|     |     |     |     |     |     |     |
|     |     |     |     |     |     |     |
|     |     |     |     |     |     |     |
|     |     |     |     |     |     |     |
|     |     |     |     |     |     |     |

# Grammar Focus

Day 1

Grammar of the day: Verb Tense Handout and Prepositions.

Vocabulary of the day:

- |                  |                    |
|------------------|--------------------|
| 1. to argue v    | 9. to possess v    |
| 2. to swap v     | 10. to fall v      |
| 3. to collapse v | 11. to happen v    |
| 4. to own v      | 12. to construct v |
| 5. to occur v    | 13. to approach v  |
| 6. to exchange v | 14. to finish v    |
| 7. to disagree v | 15. to guess v     |
| 8. to remind v   | 16. to share v     |

|     |
|-----|
| 1.  |
| 2.  |
| 3.  |
| 4.  |
| 5.  |
| 6.  |
| 7.  |
| 8.  |
| 9.  |
| 10. |
| 11. |
| 12. |
| 13. |
| 14. |
| 15. |
| 16. |

# Reading Focus

Day 2

Read the flyer promoting the new gym and answer the questions below.

## Best Body Fitness

### About us

You don't want just a gym membership. You want a membership that means something. And that means you need support, expert help, and a community.

**Best Body Fitness** isn't just a gym: it's a full-service fitness membership made for you.

Here's how it works:

### STEP ONE: Your assessment

We begin with an assessment session. This is a chance for you to see what we do at **Best Body**. Our assessment plans are no-cost and no-risk. We'll also make a training plan specifically for you.

### STEP TWO: Your training

When you decide to become a **Best Body** member, we show you what to do, how to do it, and why you are doing it. After a few sessions with an expert private trainer, you will feel comfortable working out on your own. But don't worry, we'll always be nearby if you have questions.

### STEP THREE: Your membership

Membership works on a month-to-month basis. There are no sign-up fees and no cancellation fees. Start and stop whenever you want. And the best part? Our fees are the most competitive in the whole downtown area.

### STEP FOUR: Your community

At **Best Body Fitness**, we see everyone as part of a big team. And when you work with a team, you can do great things. Join any of our specialized classes, led by expert instructors. Come to our nutrition classes. Participate in our regular social events. Everything is included in your fee.

Finally, we wanted to share with you some reasons why our members say that they have chosen us over any other fitness center in the city.

### It's so EASY

- Easy to start, stop, cancel or refund a membership
- Easy to access – we're open 24/7, we never close
- Easy to do exercise – we have lots of equipment, no long wait
- Easy results – our trainers and equipment give you success, fast
- Easy to find – in the center of town, near public transport and with parking

### It's WONDERFUL

- Wonderful members
- Wonderful trainers and staff
- Wonderful equipment
- Wonderful energy
- Wonderful location

Come and visit us for a personal tour!

Answer True or False.

- |   |  |
|---|--|
| 1. The first visit to the club is free.                           | <input type="radio"/> True <input type="radio"/> False |
| 2. Everybody gets the same training plan.                         | <input type="radio"/> True <input type="radio"/> False |
| 3. At this gym, you always do exercise with an expert instructor. | <input type="radio"/> True <input type="radio"/> False |
| 4. If you stop your membership, you don't have to pay anything.   | <input type="radio"/> True <input type="radio"/> False |
| 5. This gym says it's the best value for money.                   | <input type="radio"/> True <input type="radio"/> False |
| 6. Nutrition classes cost a little bit extra.                     | <input type="radio"/> True <input type="radio"/> False |
| 7. The gym is open at 4 o'clock in the morning.                   | <input type="radio"/> True <input type="radio"/> False |
| 8. The gym is outside of town.                                    | <input type="radio"/> True <input type="radio"/> False |

Complete each sentence.

|      |     |      |     |          |        |              |            |
|------|-----|------|-----|----------|--------|--------------|------------|
| over | led | time | own | whenever | nearby | specifically | membership |
|------|-----|------|-----|----------|--------|--------------|------------|

1. The gym offers a full-service fitness .
2. We'll make a training plan  for you.
3. You can now work out on your .
4. We'll always be  to help.
5. Start and stop  you want.
6. Join any of our classes,  by expert instructors.
7. This is why our members have chosen us  any other gym.
8. Stop, start or refund your membership any .

# Listening Focus

Day 3

Grammar of the day: Modal Verbs and Conditionals.

Vocabulary of the day:

- |                 |                           |
|-----------------|---------------------------|
| 1. to proceed v | 6. to assist v            |
| 2. to donate v  | 7. to fire v              |
| 3. to employ v  | 8. to earn v              |
| 4. to decide v  | 9. to hesitate v          |
| 5. to receive v | 10. to improve v          |
|                 | 11. to depend <u>on</u> v |

|     |
|-----|
| 1.  |
| 2.  |
| 3.  |
| 4.  |
| 5.  |
| 6.  |
| 7.  |
| 8.  |
| 9.  |
| 10. |
| 11. |

## Listening Focus:



Listen to the recording twice then answer the questions below.  
You will hear a phone call from a customer to a supplier.

Answer True or False.

|   |  |
|---|--|
| 1. The delivery hasn't arrived yet.                                 | <input type="radio"/> True <input type="radio"/> False |
| 2. Andrea is having cash flow issues and needs a payment extension. | <input type="radio"/> True <input type="radio"/> False |
| 3. Andrea usually asks for an extension of the payment terms.       | <input type="radio"/> True <input type="radio"/> False |
| 4. Andrea has a new order to place, even bigger than the last one.  | <input type="radio"/> True <input type="radio"/> False |
| 5. Junko can extend the payment terms on the last order to 60 days. | <input type="radio"/> True <input type="radio"/> False |
| 6. Junko will send Andrea an email confirmation.                    | <input type="radio"/> True <input type="radio"/> False |

Put the sentences in the correct box based on who said it.

You'd really be helping us.

I think we can make an exception this time.

I promise this won't become the norm.

Let me see what I can do.

I'm not sure if I can do that.

I appreciate your help.

I'm happy to help you.

I need a favor.

| The customer says:                       | The supplier says:                       |
|--|--|
| <br><br><br><br><br><br><br><br><br><br> | <br><br><br><br><br><br><br><br><br><br> |

# Speaking Focus

Day 4

Grammar of the day: Recap day

Vocabulary of the day:

- |                       |                   |
|-----------------------|-------------------|
| 1. to give feedback n | 6. boring adj     |
| 2. expensive adj      | 7. luxurious adj  |
| 3. messy adj          | 8. to plan v      |
| 4. a logo n           | 9. a gig n        |
| 5. muddy adj          | 10. lame adj      |
|                       | 11. rewarding adj |

|     |
|-----|
| 1.  |
| 2.  |
| 3.  |
| 4.  |
| 5.  |
| 6.  |
| 7.  |
| 8.  |
| 9.  |
| 10. |
| 11. |



## Speaking Focus:

Below there are two pictures. You will have 45 seconds to answer each question.



Question 1.) What do you see?

Question 2.) Which have you done and how did it go?

Question 3.) Which would you prefer to do?

Now you will be given three questions. You will have 60 seconds to prepare and 2 minutes to answer the questions.

Question 1.) If you could live abroad, where would it be?

Question 2.) What preparations would you need to make?

Question 3.) What kind of struggles could possibly arise?

Now you will be given a controversial topic. Below there are arguments for and against. You will have 60 seconds to prepare and need to speak on your opinion for 2 minutes.

### **Catalonian Independence**

#### **Arguments for:**

It's what the people want.

Catalonia can become a new trade partner for the region.

Catalonia has always had a history and culture that differs from Spain.

#### **Arguments against:**

It will mean problems for Spain and the EU.

50% of Catalans don't want to be independent from Spain.

Taxes for trade and transport will rise.

**Additional question, 45 seconds to answer:** Do you think that even if people don't feel oppressed by their government they have the right to secede?


# Writing Focus

Day 5

Grammar of the day: Recap day

Vocabulary of the day:

- |                 |                    |
|-----------------|--------------------|
| 1. to jog v     | 9. to catch v      |
| 2. to inspire v | 10. to see v       |
| 3. to notice v  | 11. to make v      |
| 4. to utilize v | 12. to influence v |
| 5. to conceal v | 13. to fix v       |
| 6. to plot v    | 14. to scheme v    |
| 7. to hide v    | 15. to run v       |
| 8. to lie v     |                    |

They Go Hand in Hand! 

16. Reduced
17. Sentimental
18. Immediate
19. White-water
20. Semi-precious

- A. File
- B. Nostalgia
- C. Surfing
- D. Value
- E. Family
- F. Rafting
- G. Jewels
- H. Price
- I. Issue
- J. Goods
- K. Argument

