

## -Ed and -Ing Adjectives Exercise 2

Choose the correct adjective.

1. I am so (relaxing / relaxed) I don't want to move.
2. I find horror films really (frightening / frightened) and not at all fun to watch.
3. Sometimes I get really (frustrating / frustrated) when I can't express myself well in English.
4. We were stopped by a man with a knife who took our money. It was (terrifying / terrified).
5. The programme was really (interesting / interested).
6. She was (overwhelming / overwhelmed) when everyone cheered and we gave her presents.
7. If I feel stressed, I find taking a bath is often (relaxing / relaxed).
8. I am really (tiring / tired). I think I'll go to bed.
9. He's very (interesting / interested) in history.
10. The trip was (overwhelming / overwhelmed), with so many things to do and it was all so new.
11. She is never (satisfying / satisfied) with her work.
12. Cleaning is so (tiring / tired)! I think I'll have a rest.
13. She thought the ride on the rollercoaster was (thrilling / thrilled).
14. I was really (surprising / surprised) when I saw you. I thought you were on holiday.
15. My grandmother was (shocking / shocked) by the man's bad language.
16. My niece is (terrifying / terrified) of dogs.
17. Thank you so much for the prize! I'm (thrilling / thrilled)!
18. My job is very (satisfying / satisfied). I love helping people.
19. The news was so (shocking / shocked) that she burst into tears.
20. My exam results were great! It's really (surprising / surprised) but good, of course!



## Answers

1. I am so relaxed I don't want to move.
2. I find horror films really frightening and not at all fun to watch.
3. Sometimes I get really frustrated when I can't express myself well in English.
4. We were stopped by a man with a knife who took our money. It was terrifying.
5. The programme was really interesting.
6. She was overwhelmed when everyone cheered and we gave her presents.
7. If I feel stressed, I find taking a bath is often relaxing.
8. I am really tired. I think I'll go to bed.
9. He's very interested in history.
10. The trip was overwhelming, with so many things to do and it was all so new.
11. She is never satisfied with her work.
12. Cleaning is so tiring! I think I'll have a rest.
13. She thought the ride on the rollercoaster was thrilling.
14. I was really surprised when I saw you. I thought you were on holiday.
15. My grandmother was shocked by the man's bad language.
16. My niece is terrified of dogs.
17. Thank you so much for the prize! I'm thrilled!
18. My job is very satisfying. I love helping people.
19. The news was so shocking that she burst into tears.
20. My exam results were great! It's really surprising but good, of course.